

# The Riverside Tenants and Residents Federation National Conference

FRIDAY, 23 MARCH 2012

Crowne Plaza, Trinity Street, Chester, CH1 2BD

## Booking Form

If you wish to apply to attend the conference please complete the form below and overleaf and return it to The Riverside Group Tenants and Residents Federation (no stamp necessary) **by 31 January 2012**. Please speak to a Riverside staff member if you need help with this form.

**FREEPOST RRXS-XGEX-LZGC**

**The Riverside Group Tenants' & Residents' Federation, c/o The Riverside Group, 2 Estuary Boulevard, Estuary Commerce Park, Liverpool, L24 8RF.**

Name (please print): .....

Address: .....

.....

Telephone No: .....

Email address: .....

Do you have any special requirements?  
(e.g. dietary/mobility/translator/signer/  
Prayer Room) .....

Are you a wheelchair user? .....

Will you need any assistance on the day? .....

Will you need crèche facilities on the day? .....

Travel: Coaches will be arranged to travel to and from the Crowne Plaza. They will depart from and return to your local office. Please tick the box if you would like to travel to the conference by coach.

If it is impossible for you to make it to a pick up point in reasonable time and you need alternative travel arrangements please tick the box. Reasonable travel costs will be reimbursed.

There is a facility to pay expenses for those who have to pay childcare or other expenses. Please tick the box here if you require more information.

**Healthy Homes—Healthy People**

## Workshops

You will be able to attend one workshop on the day - there are 12 workshops to choose from. Please tick the box next to your choice of workshop, indicating your first, second and third choices. Wherever possible we will try to allocate you your first choice. Please indicate your choices below.

Workshop Title	First Choice	Second Choice	Third Choice
<b>Whose Benefit?</b> What will the government's housing and benefit reforms mean for you?			
<b>Age Matters</b> How best can Riverside develop services for older people?			
<b>As long as you've got your health!</b> How can you manage stress and stay well?			
<b>Gardener's Question Time</b> How can you grow your own vegetables at home or in an allotment?			
<b>Get Involved</b> How can we get more tenants, residents, leaseholders and shared owners to take part in the Federation's activities?			
<b>Techno time!</b> Music technology can open up a world of possibilities these days—do you want to learn how to use it?			
<b>Turning the heat up</b> How can Riverside help its tenants keep warm and save money?			
<b>It's not a crime to be different!</b> How can we make sure everyone is treated equally?			
<b>Eat well, feel well!</b> How can you cook healthy meals on a budget?			
<b>Tomorrow's World</b> How can we encourage more young people to join in with resident involvement activities?			
<b>Where's your money gone?</b> How can Riverside help tenants and residents manage their money better and avoid the poverty trap?			
<b>Your Future</b> How can Riverside help people into work through its employment and training schemes?			

**We will contact you by mid February to confirm whether or not we are able to offer you a place at the conference. Please note not everyone who applies will be able to attend the Conference and The Riverside Tenants and Residents Federation has the right at its absolute discretion to reject any booking. However, if we do reject your booking we will explain our reasons to you.**