

North Liverpool Support Directory



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ASB, hate crime and domestic abuse

Our focus is to make sure all of our customers feel safe and have the support they need. We want our neighbourhoods to be safe places for everyone. We won't tolerate behaviour that prevents our customers feeling secure in their home and their neighbourhood.

To find out more about what support is available or to report incidents please visit <https://www.riverside.org.uk/you-your-home/asb-hate-crime-and-domestic-abuse/hate-crime/>

Money and benefit welfare advice

Our Money Advice Team are specialists in assisting and advising with Welfare Benefits. They can help you to make a claim, submit an appeal if you have been refused, explain how the different types of Benefits work and ensure that you are receiving your full entitlement.

For benefit advice please visit <https://www.riverside.org.uk/you-your-home/money-advice/benefit-advice/>
For support from our money advisors please visit <https://www.riverside.org.uk/you-your-home/money-advice/debt-advice/>

Energy and heating

Heating your home can be a real cost pressure. Here you can find guidance around keeping your costs down while keeping your home warm and free of damp. For support from our Affordable warmth Team please visit <https://www.riverside.org.uk/you-your-home/energy-and-heating/affordable-warmth-team/>

Employment and Training

Our Employment and Training Team provides free support to anyone living in a Riverside home. The team offer a tailored service for each person we work with. So whether you're a young person looking for a first job, would like to gain a qualification or are planning for longer term – we are here to help! We can help support you in

- Getting back to work if you're unemployed, disabled or have a criminal record
- Help with searching for jobs, CV writing and interview techniques to help secure your next role
- Accessing funding to support apprenticeships, learning and qualifications
- Working with you to become self-employed or start your own business

To find out more visit <https://www.riverside.org.uk/you-your-home/employment-training/> or email

Safety and Support

We take our responsibility to make sure you are safe and comfortable in your home very seriously. Find out about asbestos, water and fire safety as well as advice on domestic abuse and report nuisances here. <https://www.riverside.org.uk/you-your-home/safety-support/>

Food Support Services in North Liverpool



Food Banks

St Andrew's Community Network

Clubmoor Community Centre, 16 Larkhill Lane,
Liverpool, L13 9BR
0151 226 3406 food@standrewslive.org.uk

Good Shepherd Church

Lower House Ln, Liverpool L11 2SF
Open Wednesday 9.30 am to 11.30 am

Christ Church Anfield

157 Hartnup St Liverpool L5 1UW
Open Tuesday 10 am to 12 pm

St Christophers Church

Lorenzo Drive, Norris Green L11 1BQ
Open Tuesday 12 pm to 2 pm

All Saints Stoneycroft

Broadgreen Road Liverpool L13 4BW
Open Thursday 9 am to 12 pm

St John's Church

Santon Avenue (off Green Lane) L13 7HF
Open Saturday 10.30 am to 12 pm

St Andrew's Church

Adshead Road, Liverpool, L13 0AL
Open Wednesday 9.15 am to 10.30 am

Kensington & Fairfield

Fairfield Centre, Sheil Road L6 3AA
Open Saturday 10 am to 12 pm

West Everton Community Council

The Friary Building, Bute Street,
Liverpool L5 3LA
Open Wednesday 2 pm to 3.30 pm

Salvation Army

Cavendish Dr Liverpool L9 1NB
Open Monday 10 am to 12 pm

St Paul's

Formosa Dr, Liverpool, L10 7LD
Open 12 pm to 1.30 pm

Walton Cornerstone

2 Liston St, Liverpool L4 5RT
Open Tuesday 9.30 am to 12 pm

North Liverpool - Pantries

St Marys Millennium Centre

Meadow Lane, West Derby, Liverpool L12 5EA
Weekly Fee £3.50
Open Friday from 10am

Ask Pantry

ASK Community Shop, 300 Kensington
Liverpool, L7 2RN
Weekly Fee £3.50
Open Wednesday 1.30 pm to 3.00pm

Liverpool The Blue Base

The Blue Base Salop Street, Liverpool, L4 4BZ
Weekly Fee £3.50
Open Thursday 10 am to 12 pm

Holy Trinity Pantry

Holy Trinity Church (Breck Road Entrance) 3
Richmond Park
Anfield Liverpool L6 5AA
Weekly Fee £3.50
Open Monday 10 am to 12pm

West Everton Pantry

The Friary Centre, Bute Street, Liverpool,
L5 3LA
Open Friday 10 am to 1 pm

Food Support Services in North Liverpool



Kensington Pantry

Kensington Fields Community Association
Low Hill Kensington Liverpool L7 8TQ

Weekly Fee £3.50

Open Tuesday 12 pm to 2 pm

Nugent Pantry

St Anne's Church, Overbury Street, Liverpool
L7 3HJ

Weekly Fee £3.50

Open Tuesday 1 pm to 3 pm

St Andrew's Pantry

Adshead Road Entrance, Clubmoor, Liverpool
L13 0AL

Weekly Fee £3.50

Open Wednesday 9.15am to 10.45 am

St George's Pantry

Heyworth Street, Everton, Liverpool, L5 3QG

Weekly Fee £3.50

Open Friday 9 am to 11 am

Vauxhall Pantry

Vauxhall Neighbourhood Council, Silvester St
Liverpool, L5 8UX

Weekly Fee £3.50

Open Friday 10 am to 12 pm

Christ Church Norris Green Pantry!

Christ Church Cabin, Sedgemoor Road
Liverpool, L11 3BR

Weekly Fee £3.50

**Open Tuesday 1.30 am to 12 pm and 12.30
pm to 2 pm**

Our House Walton Hope Pantry

15 Heathcote Road, Walton, L4 6XB

Weekly Fee £3.50

Open Thursday 12 pm to 4 pm

L6 Centre

99 Queens Road, Everton, L6 2NF

Open daily

The Joseph Lappin Centre

Mill Lane, Old Swan, Liverpool, L13 5TF

Weekly Fee £3.50

Open Tuesday 12 pm to 2 pm

Big Help Project

Marybone Youth Centre, Addison Way L3 2EW

Weekly Fee £3.50

Open Monday 1pm to 4pm

Micah Liverpool Community Market

C3 Church in Devon Street

Weekly Fee £1.50

Open Friday 10.30 am to 12.30 pm

Liverpool Lighthouse Bliss Market

Oakfield Road, Anfield, Liverpool, L4 0UF

Weekly Fee £3.50 to £5

Open Wednesday and Thursday 12 pm to 3 pm

Anfield Saint Columba Pantry

Anfield, Pinehurst Road Anfield Liverpool, L4 2TZ

Weekly Fee £3.50

Open Friday 9.30 am to 11.30 am.

Flowers Food Pantry Citron Close

1 Citron Close, Walton, Liverpool, L9 1LG

Weekly Fee £3.50

Open Wednesday 2.30 pm to 4.30 pm

Fazakerley Community Federation 'Fed Club' pantry

Formosa Drive, Fazakerley, Liverpool, L10 7LQ

Weekly Fee £3.50

Open Tuesday 10 am to 12 pm

Food Support Services in North Liverpool



Croxteth Family Matters - Food Pantry

Mossway Hall, 35 Moss Way, Liverpool, L11 0BL
Weekly Fee £3

**Open Thursday 9am to 12pm and 12.30-3pm
Friday 11am to 1pm**

Columba's Kitchen

76 Pinehurst Rd, Anfield, Liverpool L4 2TZ, UK
Weekly Fee £3

Open Friday 9.15 am to 11.30 am

Big Help Food Club - The Drive Dovecot

The Drive, 235A Finch Lane, Dovecot, L14 4AE
Weekly Fee £3.50

Open Wednesday 12 pm to 3 pm

The Breckfield Centre (BNENC)

The Breckfield Centre, Breckfield Road North,
Everton, Liverpool, L5 4QT

Open Monday to Friday, 9.30 am to 4.30 pm

Community Food Stores

New Beginnings Improving Lives CIC:

Community Food Store
NBIL Community Store, 63 Rocky Lane Anfield
L6 4BB
Weekly Fee £5

**Open Wednesday, Thursday and Friday
9.30am to 5pm**

Walton Vale Community Shop

105 Walton Vale Liverpool L9 4SR.
Weekly Fee £3.50 - £5

Open Tuesday 1:30 to 3:30pm

Community Shop Kirkdale

211 Walton Road, Liverpool L4 4AJ
Monday to Friday 9 am to 5 pm
Saturday 9 am to 3 pm

08000246691 info@companyshop.ltd.uk

Liverpool Community Grocery

Hillsong Church, 7 Mann Street, Liverpool,
L8 5AF

Open Monday to Friday 9.30 am – 3.30pm

Community Cafes

Places of Welcome Community Cafe

Offer a free hot meal, plenty of tea and coffee, and
a very warm welcome.

Christ Church Cabin, 40 Sedgemoor Road,
Norris Green, L11 3BR

Open Tuesday 12.30 pm to 2.30 pm

Aplace2B

Well-being cafe with mental health support
and sign posting. All welcome.

St Cuthbert's Church, Langley Close,
Liverpool, L12 0NB

Open Thursday 11.30 am to 2.30 pm

The Opening Doors Project

A food hub and community kitchen where
members of the community and surrounding
areas can receive free 2 course hot or cold
meals and a food parcel (upon request) in a
warm, safe space. Various activities are also
delivered each day.

65 Fazakerley Rd, Liverpool L9 2AJ,

**Open Monday, Tuesday, Wednesday,
Thursday 10 am to 2 pm**

FoodCycle Tuebrook and Old Swan

The Old Library, Green Lane, L13 7EB

To find out more visit

<https://foodcycle.org.uk/location/foodcycle-liverpool-old-swan/>

Open Thursday 7 pm

Food Support Services in North Liverpool



Community Gardens

Croxteth Community Garden

Willow Way/Petherick Road, Croxteth,
Liverpool, L11 0AN
croxtethcommunitygarden@yahoo.com

Friends of Walton Hall Park

Walton community garden 1 Blackthorne
Road Walton hall park L49AB
<https://waltonhallparkcommunity.org/>

**Open Monday, Wednesday, Friday,
Saturday and Sunday 10 am to 4 pm**

Friends of Norris Green Park

A community hub where local people can
grow crops, which are then available to
harvest throughout the year. Family growing
and cooking sessions are also available.

Norris Green Park Liverpool, Broad Ln,
Liverpool L11 1AW
07427484521

**Open Monday and Wednesday 10 am to
1pm, and Saturday 10 am to 3 pm**

Mobile/Traveling Services

Queen of Greens

Queen of Greens bus brings affordable fresh
fruit and vegetables to communities across
Liverpool and Knowsley

**[https://www.feedingliverpool.org/commu
nity-food-spaces/queen-of-greens-bus-
stop-map/](https://www.feedingliverpool.org/community-food-spaces/queen-of-greens-bus-stop-map/)**

Furniture Support in North Liverpool



Charities

Bulky Bobs Furniture World

129-139 London Road, Liverpool, L3 8 JA
0151 305 5200

Recipro (UK) Ltd

Work with suppliers and contractors, who donate unwanted, surplus building materials to which they can sell on at hugely discounted rates
Unit 2 Britannia House, Dock Road, CH41 1DF
0151 639 0651

Furniture Charity Shops

British Heart Foundation Tuebrook Furniture & Electrical Store

509 West Derby Road, Tuebrook, L6 4BW
0151 515 4460

Barnardo's Furniture Stores

Wavertree Donation Centre

Unit 27 Wavertree Road, Wavertree Retail Park, Liverpool, L7 5LZ
0151 7340932

Walton Road Donation Centre

162 Walton Road, Walton, Liverpool, L4 4AZ
0151 2077222

Church Road Donation Centre

Units 2-3 Penny Lane Retail Park, Church Road, Allerton, Liverpool, L15 9EB
0151 7344898

Emmaus Merseyside Charity Superstore

42-44 Sandy Rd, Seaforth, Liverpool L21 3TW
0151 928 1588

Oxfam Smithdown Road

609-613 Smithdown Road Liverpool, L15 5AG
0151 733 6641

Facebook Groups

There are several groups on Facebook that offer free or low cost furniture.

These include:

People Help The People (Liverpool)
Liverpool FREEcycle
Everything's free Liverpool

Resources

Reuse Network

Reuse Network supports reuse charities across the UK to help them alleviate poverty, reduce waste and tackle climate change.

<https://reuse-network.org.uk/>

Second Hand Furniture Websites

Facebook Market Place and Groups
Gumtree
FreeCycle
Pre-Loved
Freeads
VivaStreet
Freegal

Cost of Living Support in North Liverpool



Council Support

Sustainable Warmth Fund grant

The Sustainable Warmth Fund is a government scheme that the Liverpool City Region Combined Authority has secured for local residents to make homes greener and warmer. It is also known as the Green Homes Grant.

Search sustainable warmth grant on the Liverpool City Council website to apply

Help with Council Tax debt and managing money.

Citizens Advice Liverpool - 0300 330 1196 or WhatsApp and SMS: 07468 533492

Money Advice Service - 0300 500 5000

National Debt Line - or call 0808 808 4000

Benefits maximisation team

<https://liverpool.gov.uk/benefits/advice-and-support/benefits-advice/>

Libraries

Spellow Library

County Road, L4 3QF
0151 233 3069

Breck Road Community Library

8-10 The Mall Breck Road, L5 6PX
0151 233 3069

Fazakerley Community Library

Formosa Drive, L10 7LQ
0151 792 0958

Norris Green Library

Townsend Avenue, L11 5AF
0151 233 3069

Walton Library (Life Rooms)

Evered Avenue L9 2AF
0151 478 6556

Debt Support Services

Liverpool Community Advice

1st Floor 151 Dale Street Liverpool, L2 2JH
0151 237 2679

Inquiries@liverpoolcommunityadvice.org.uk

North Liverpool Citizens Advice Walton

37-39 Walton Rd, Liverpool, Merseyside, L4 4AD
0808 278 7840

<https://www.citizensadvice.liverpool.org.uk/>

Raise

286 Scotland Road, Liverpool, L5 5AE

0151 459 1556 admin@raiseadvice.org.uk

Vauxhall Law Centre

VNC Millennium Centre, Blenheim Street, Liverpool, L5 8UX

0151 360 7777 advice@vauxhalllawcentre.org.uk

ST Andrews Community Network

16 Larkhill Lane, Clubmoor, Liverpool L13 9BR

0151 226 3406

Merseyside Law Centre

35-37 Bold Street, Liverpool, United Kingdom, L1 4DN
0151 709 0504

Big Help Group

HOPE HOUSE, 212 Boaler Street, Liverpool, L6 6AE
0151 482 6089 contact@bighelpgroup.com

Croxteth Family Matters

0151 476 0523 or 0151 281 4529

Credit Unions

Central Liverpool Credit Union

141 Park Street, Liverpool, L8 6QF
centralcu.co.uk

0151 708 5515 enquiries@clcu.co.uk

Enterprise Credit Union

5-7 Page Moss Lane, Liverpool, L14 0JJ
enterprisecreditunion.org

0151 482 0177

contact@enterprisecreditunion.org

Lodge Lane and District Credit Union

81 Lodge Lane Liverpool Liverpool L8 0QE

0151 734 2561

lodgelane.creditunion@phonecoop.coop

Partners Credit Union

2nd Floor, LCVS, 151 Dale Street, L2 2AH
partnerscreditunion.co.uk

0151 258 1014

enquiries@partnerscreditunion.co.uk

Riverside Credit Union

Garston Business Centre, 2 – 4 St Mary's Road
Garston, Liverpool, L19 2RY
riversidecreditunion.co.uk

0151 448 0565

info@riversidecreditunion.co.uk

Local Support

St Christopher's Church: Debt Advice and Foodbank

Tuesday 10 am to 2 pm at St. Teresa's Parish House.

Feel free to drop in or call 0151 270 1688 or email norrisgreendebtadvice@yahoo.co.uk

Greater Merseyside Money Advice Partnership

0808 278 7839

St Luke West Derby - Debt advice

Princess Drive West Derby, Princess Drive, L14 8XG

0151 203 6267

Households into Work

Help into employment

hiw@liverpoolcityregion-ca.gov.uk

Fuel and Energy Support

Energy Projects Plus

Free and impartial advice to help you save money on your energy bills.

0800 043 0151

<https://www.epplus.org.uk/>

British Gas Energy Trust

<https://britishgasenergytrust.org.uk/>

Scottish Power Hardship Fund

<https://www.scottishpower.co.uk/support-centre/help-paying-your-bill/hardship-fund>

E.On Energy Fund

<https://www.eonenergyfund.com/>

Support from Banks

Most banks offer help for those struggling during the current cost of living surge, with most stating that they plan to ramp up their guidance and support services.

National Debt services

Turn2us

Turn2us is a national charity providing practical help to people who are struggling financially.

0808 802 2000 www.turn2us.org.uk

National Debtline

National Debtline is a debt advice charity run by the Money Advice Trust. We are a free and confidential debt advice service for people in England, Wales and Scotland.

0808 808 4000 www.nationaldebtline.org

Welcoming Spaces in North Liverpool



Welcoming Spaces

Holy Name

2 Moss Pits Lane Liverpool , L10 9LG
0151 476 0289 holyname@rcaol.org.uk

The Salvation Army, Liverpool Walton

95 Cavendish Drive Liverpool, England, L9 1HN,
0151 525 4785
<https://www.salvationarmy.org.uk/>

Saint Columbia Anfield

Pinehurst Avenue Liverpool, L4 7UQ,
0151 474 7231

Saint Francis Xavier's Church

Salisbury Street Liverpool, England, L3 8DR,
0151 298 1911 sfxchurch@rcaol.org.uk

The old library

The Old Library, Green Lane Liverpool, L13 7EB,
0151 254 1394 hello@tol.org.uk

Our lady of Sorrows

Pirrie Road Liverpool, England, L9 6AA
0151 284 8084 olos@rcaolp.co.uk

Our Lady Queen of Martyrs

Stonebridge Lane Liverpool, L11 9AZ,
0151 546 3574 olqom@rcaol.org.uk

Holy Rosary Parish Hall

Altway Liverpool, England, L10 2LG,
0151 526 8468 holyrosary@rcaol.org.uk

Christ Church Walton Breck

157 Hartnup Street, Liverpool, L5 1UW
0151 264 8006

Libraries

Spellow Library

County Road, L4 3QF
0151 233 3069

Breck Road Community Library

8-10 The Mall Breck Road, L5 6PX
0151 233 3069

Fazakerley Community Library

Formosa Drive, L10 7LQ
0151 792 0958

Norris Green Library

Townsend Avenue, L11 5AF
0151 233 3069

Walton Library (Life Rooms)

Evered Avenue L9 2AF
0151 478 6556

Liverpool Lighthouse

Liverpool Lighthouse, Oakfield Road, Anfield, L4 0UF
Free community lunch Tuesday and Wednesday
12 pm to 12.30 pm and Thursday 1 pm to -1.30 pm
0151-476-2342 info@liverpoolighthouse.com

Opening Doors Project Rice Lane

St Nathanael's Church, Fazakerley Road L9 2AJ
Free Community Lunch & Quiz Thursdays 12 pm to
2pm
07557 335188
Contactus@opendoorsproject.org.uk

Croxteth Gems Community Association

Armill Road, Liverpool, L11 4TR
Friday hot drink 50p and bingo 12 pm to 2 pm
0151 547 2664

Digital Inclusion Support in North Liverpool



Learning

Learn My Way

Learn My Way is a website of free online courses for beginners to develop digital skills to make the most of the online world.

www.learnmyway.com

Barclays Digital Wings

Barclays Digital Wings platform offers free online digital skills courses from how to stay safe online, use social media, make your business digital and much more. Available to everyone, no eligibility criteria.

<https://digital.wings.uk.barclays/>

FutureLearn

FutureLearn provide a suite of free digital skills courses from digital skills for work and life to advanced skills like web analytics, social media, AI and much more.

www.futurelearn.com

Libraries

Local libraries offer digital skills learning, you can book time on a PC and use their learning resources.

Spellow Library

County Road, L4 3QF
0151 233 3069

Breck Road Community Library

8-10 The Mall Breck Road, L5 6PX
0151 233 3069

Fazakerley Community Library

Formosa Drive, L10 7LQ
0151 792 0958

Norris Green Library

Townsend Avenue, L11 5AF
0151 233 3069

Walton Library (Life Rooms)

Evered Avenue L9 2AF
0151 478 6556

Organisations and Groups

The Life Rooms

The Life Rooms, Evered Avenue, Walton, L9 2AF
0151 478 6556 liferooms@merseycare.nhs.uk

Everton Development Trust (EDT)

96 - 98 Great Homer Street , L5 3LF
0151 482 2780

Millennium Resource Centre

Vauxhall Millennium Centre, Blenheim Street, Liverpool, L5 8UX
07946121798 joel@scottiepress.org

Irish Community Care

Liverpool Irish Centre, 6 Boundary Lane, L6 5JG
07732901780

Big Help Project

212 Boaler Street, L6 6AE

Vauxhall Neighbourhood Council

Silvester Street , L5 8SE
0151 207 5668

Mersey Youth Support Trust

The Action Centre, The Old St. Lawrence School, Westminster Road, L4 3TQ
0151 702 0700

Digital Inclusion Support in North Liverpool

**Bridge Community Centre**

2 Daneville Road, Walton, Liverpool, L4 9RG
01517928711 bridgecentre1@outlook.com

Rotunda Ltd

109 Great Mersey Street, Liverpool, L5 2PL
01512072176 mennis@therotunda.org.uk

Norris Green Adult Learning Centre

Clubmoor Childrens Centre, Utting Avenue East,
L11 1DQ
0151 233 1809

CTP Liverpool

230 Utting Avenue, Liverpool, L4 8SY
01512 260029 lobia@ctpportal.org.test

Liverpool Lighthouse Ltd

Oakfield Road, Walton, Liverpool, L4 0UF
01514762342
helen.brown@liverpollighthouse.com

Porchfield Community Association

Porchfield Community Centre, L11 9DT
0151 547 4455

Everton in the Community

The Peoples Hub, 46 Spellow Lane, Liverpool, L4
4DF
07974257509 adam.howard@evertonfc.com

Citizens Advice North Liverpool

37 Walton Road, Liverpool, L4 4AD
01515221400
admin@northliverpoolcab.org.uk

**Breckfield and North Everton Neighbourhood
Council**

The Breckfield Centre, Breckfield Road North,
Liverpool, L5 4QT
01512888400
bob.blanchard@thebreckfieldcentre.com

Riverside

Youth Provision in North Liverpool



Children's Centres

Anfield Children's Centre

Oakfield (Off Oakfield Road), Anfield, Liverpool L4 2QG

0151 233 4001 anfieldcc@liverpool.gov.uk

Vauxhall Children's Centre

Titchfield Street Liverpool, L5 8UT

0151 298 2918

Fountains Children Centre

Fountains Road, Liverpool L4 1QH

0151 233 4741

County Children's Centre

Arnot Street, Walton, L4 4ED

0151 233 3760

Walton Children's Centre

99 Cavendish Drive, Liverpool, L9 1NB

0151 233 3760

Clubmoor and Ellergreen Children's Centre

Utting Avenue East, L11 1DQ

0151 233 8500

clubmoorchildrenscentre@liverpool.gov.uk

Everton Nursery School and Family Centre

Spencer Street, Liverpool, L6 2WF

0151 233 1969

evertonnsfc@evertoncentre.liverpool.sch.uk

Fazakerley Children's Centre

Barlows Lane, Liverpool, L9 9EH

0151 233 3705

fazakerleycc@liverpool.gov.uk

Croxteth Children's Centre

Parkstile Lane (Our Lady & St Swithin Primary School) Liverpool L11 0BQ

0151 233 3705 croxtethcc@liverpool.gov.uk

Youth Support Services

Merseyside Youth Association

Offers a variety of support and activities for young people age 11 to 25

65-67 Hanover Street, Liverpool L1 3DY

0151 702 0700 admin@mya.org.uk

Comics Youth

Offers a range of creative services supporting young people aged 8 - 25.

0151 236 1800 hi@comicsyouth.co.uk

Anfield Sports & Community Centre

Breckside Park Lower Breck Road Liverpool

Merseyside Liverpool L6 0AG

01512636186 reception@anfieldsports.org

Everton in the Community - Premier League Kicks

<https://www.evertoninthecommunity.org/project/s/sport/premier-league-kicks/>

Daisy Inclusive UK

A variety of activities that support disability children and adults.

2 Barnes Street, Everton L6 5LB

0151 261 0309 info@daisyuk.com

BNENC Youth Outreach

Breckfield Centre, Breckfield Road North

Liverpool, L5 4QT

0151 288 8400

receptionist@thebreckfieldcentre.com

Riverside

Youth Provision in North Liverpool



YPAS Young People Advisory Service

YPAS offers a wide range of support, wellbeing and therapeutic services for children, young people and families in Merseyside.

YPAS North Hub, Croxdale Road West, Liverpool, L14 8YA

0151 305 2040 support@ypas.org.uk

Priority Youth

St Mary's Millennium Centre, Meadow Lane, West Derby, Liverpool, L12 5EA

07523 650 956 hello@priorityyouth.co.uk

Muslim Youth Helpline (MYH)

0808 808 2008 help@myh.org.uk

Virtual KEEN

Inclusive online activities for young people

<https://www.keenuk.org/virtualkeen>

Marybone Youth and Community Association

Marybone Centre, Addison Way, L3 2EW

0151 236 3865

maryboneyouth@btconnect.com

North Liverpool Regeneration Company

The Ponnies, 56 Christian Street, L3 3EN

0151 556 9601 mainoffice@nrlco.com

Rotunda Ltd

109 - 115 Great Mersey Street Liverpool L5 2PL

0151 207 2176

Shrewsbury House Youth & Community

37 Langrove Street, Liverpool, L5 3PE

0151 207 0725

West Everton Community Council

The Friary Centre Bute Street, Liverpool L5 3LA

0151 2820303 admin@westevertoncc.co.uk

Liverpool Six Community Association

99 Queens Road, Liverpool, L6 2NF

01512601297 L6centre@aol.com

LFC Foundation

Anfield Sports & Community Centre, Lower Breck Rd, Liverpool L6 0AG

07584396219 / 07864602376

Francis.Hargreaves@liverpoolfc.com

Karl.Carney@liverpoolfc.com

Liverpool Lighthouse

Oakfield Road, Anfield, Liverpool, L4 0UF

0151 476 2342

Matt.rutter@liverpoolighthouse.com

Centre 56

Rumney Road, Liverpool L4 1UB

0151 727 1355 graves@centre56.org.uk

Rice Lane Community Association

Rice Lane City Farm Rawcliffe Road L9 1AW

0151 530 1066 ricelanecityfarm@hotmail.co.uk

Fazakerley Community Federation

Adlam Rd, Fazakerley, Liverpool, L9 9ES

0151 673 1401

The Opening Doors Project

St Nathanael's Church, Fazakerley Road, Walton L9 2AJ

referrals@openingdoorsproject.org.uk

The Quantum Centre

Unit 1a, Brookfield Drive, L9 7AN

07932728084 foznat8@gmail.com

Liverpool Walton Salvation Army and Community Centre

95 Cavendish Dr, Liverpool L9 1HN

0151 525 4785

Youth Provision in North Liverpool



Autism in Motion

St Georges hub, Waresley crescent L9 6BW
aimautism@hotmail.com

Leisure United Football Hubs

Long Lane, L9 6AG
0151 523 7922

Al-Ghazali Centre: 'Youth Mental Health Support Programme'

Mental health workshops and activities for young people aged 12 to 18 years.
Addressing mental health promotion in youth outside of educational settings
35 Earle Road Liverpool L7 6HA
0151 734 3843 info@alghazalicentre.co.uk

Autism Adventures Training CIC: 'My Mental Health- What's OK?'

Project aimed at people with autism to improve understanding of and break down barriers to mental health, as well as providing tools and strategies to manage emotions and feelings
Addressing mental health promotion in youth outside of educational setting, financial insecurity, debt and loneliness
info@liverpoolautismadventures.co.uk

Croxteth Gems Community Association: 'Taking Care of our Gems'

Sessions for children & young people including; autism and ADHD-friendly yoga and meditation sessions and art therapy.
Addressing mental health promotion in youth outside of educational settings
michelle@gemscentre.org.uk

Imagine If Trust: 'The Zone Youth Hub'

Fun, safe and active sessions for primary school aged children, providing a stimulating environment where children can thrive and grow in confidence.
147 Lawrence Road, Liverpool, L15 3HA
info@imagineiftrust.org

Priority Youth Project: 'Priority Youth Counselling Support Programme'

A 1-1 counselling service for children and young people aged 8-19 years.
St Mary's Millennium Centre, Meadow Lane, West Derby, Liverpool, L12 5EA
07523 650 956 hello@priorityyouth.co.uk

Valley Community Theatre: 'Arts4Change'

A range of arts activities and workshops for young people aged 8-25 aimed at addressing a rise in mental health issues.
Childwall Valley Road, Netherley, L27 3YA
0151 488 0364 info@valleytheatre.co.uk

National Services

National Citizenship Service

Delivers a range of experiences for young people across the UK. <https://wearencs.com/>
0800 197 8010

Duke of Edinburgh

Delivers a range of experiences for young people across the UK.
<https://www.dofe.org/>

Riverside

Family Support in North Liverpool



Baby Basics

Hope House, Boaler Street, Liverpool L6 6AE
<https://baby-basics.org.uk/>

Baby Basics Liverpool

178 Queens Drive, Wavertree, Liverpool L15 6XX
<https://baby-basics.org.uk/>

Kindfulness Coffee Club Liverpool

For more information please contact either
Mandy@mykcc.org.uk Zoe@mykcc.org.uk

Centre 56 Women & Children's Aid Centre

Here for families in crisis, whatever the situation
Rumney Road, Liverpool, L4 1UB
0151 727 1355 hello@centre56.org.uk

Growbaby

Growbaby provides good quality second-hand clothes and equipment for babies and kids up to age 5. Anyone can use this service and everything is free.

0151 263 0692

info@southliverpoolvineyard.com

For support during the school holidays

MPAC

MPAC have a list of organisations that deliver food support and activities during the school holidays.

To find out more visit:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Period and Hygiene Product Support

Many food banks, pantries and community centres will have access to free sanitary products.

Bloody Good Period -

hello@bloodygoodperiod.com

Morrisons - Package for Sandy

Customers in need can now go to any Morrisons customer service desk nationwide and ask for a package for 'Sandy' or a 'period product pack'. The customers will then be given a free discreet envelope with sanitary products and no questions asked.

Freedom4Girls - provides period products to those in Leeds, Sheffield, West Yorkshire, and select other regions of the UK

<https://www.freedom4girls.co.uk/request-products/>

The Trussell Trust

Search the Trussell trust website to find your local centre.

<https://www.trusselltrust.org/>

For additional family support services please download our National Support Directory

Older People Support in North Liverpool



Age UK Advice Line - 0800 678 1602

Tax Help for Older People

01308 488066 taxvol@taxvol.org.uk

Dementia UK - 0800 888 6678

Re-engage

Group and one-to-one social activities will help older people connect with others.

0800 716543

Friends of the Elderly

Grants to older people living on low incomes.

0330 332 1110 hello@fote.org.uk

Merseyside Fire & Rescue Services: Home Fire Safety Checks

If you live in Merseyside, you can phone **0800 731 5958** for **free** fire safety advice or to request a Home Fire Safety Check visit

Merseyside Dementia Friendly Radio

Independent, online radio station that is run in collaboration with and for the benefit of those who live in the Merseyside area whose lives are affected by dementia. vianat@mdfr.co.uk

07768 139708 nat@mdfr.co.uk

City Wide Support

Liverpool Cares

Liverpool Cares is a community network of younger and older neighbours hanging out and helping one another in our rapidly changing city.

Liverpool Cares,

Studio D, Baltic Creative, 49 Jamaica Street, Liverpool, L1 0AH

0151 659 1789 liverpoolcares.org.uk

The Brain Charity

Helping people with all forms of neurological conditions to lead longer, healthier, happier lives Norton Street, Liverpool, L3 8LR

0151 298 2999

Bradbury Fields

services for Blind and Partially Sighted People The Bradbury Centre, Youens Way, Liverpool, L14 2EP.

0151 221 0888 ext 214

jabdullah@bradburyfields.org.uk

Local Solutions

Liverpool Carers Centre delivers a city wide community based programme of activities and training that ensures a range of support is available to unpaid carers in Liverpool

0151 705 2307

healthandwellbeing@localsolutions.org.uk

The Cinnamon Trust:

National charity for elderly or terminally ill people and their pets. Network of volunteers who can visit homebound owners to take dogs for daily walks, foster pet as one of their family when owners face time in hospital, take pets to the vet, buy pet food, clean budgie cage.

01736 757900

www.cinnamon.org.uk

Older People Support in North Liverpool



Everton in the Community

Pass on the memories

The programme supports people living with dementia as well as their carers to share important memories and create new ones.

yasmin.wines@evertonfc.com

Stand Together

Stand Together is an opportunity for anyone over 65 to improve their quality of life by making new friends, having fun and enjoying a variety of activities together.

Tuesday and Wednesday from 10.30 am to 12.30 pm at The Blue Base on Salop Street, L4 4BZ.

neighbourhood@evertonfc.com

Veterans Project

Supporting Veterans aged 60+ and their families
Monday 10.30 am to 12.30 pm

David.curtis@evertonfc.com

Bridge Community Centre

Bridge Community Centre Daneville Road,
Liverpool L4 9RG

0151 792 8711 bridgecentre1@outlook.com

Our House Walton

Our House is a community hub based in the heart
of Walton, North Liverpool.

15 Heathcote Road, Walton, Liverpool,
Merseyside L4 6XB

0151 521 7722

email info@ourhouse-walton.co.uk

Daisy Inclusive UK

Supporting disabled and vulnerable people living
in the community.

2 Barnes Street, Everton, L6 5LB

0151 261 0309 info@daisyuk.com

Kitty's Launderette

Community launderette and social space in the
Everton/ Anfield area of Liverpool, run by local
residents, offering affordable ecological services;
as well as a space for people to gather, talk and
learn.

77 Grasmere Street, Everton, Liverpool L5 6RH

0151 260 8951 info@kittyslaunderette.org.uk

Healthiness - exercises and fitness classes

Anfield Sports and Community Centre, Lower
Breck Road, Liverpool, L6 0AG

0151 728 8874 info@healthinessltd.co.uk

Age Concern Liverpool & Sefton: Friendship service

Friendship service for people aged 50+ in
Liverpool and Sefton

0151 330 5678

mail@ageconcernliverpoolandsefton.org.uk

Rainbow 50 Plus Community

259-261 Boaler Street, Liverpool, L6 9DH

07795 433970/07717 398475

dee@therainbowcommunity.org

Smile TLC LTD (supports those affected by dementia)

Organises social events and support to people
living with dementia and their family members.

0151 374 0112 support@smile-tlc.co.uk

Sola Arts - Art therapy for refugees, BME communities and people with dementia

Sola Arts, Toxteth Town Hall, 15 High Park
Street, Liverpool, L8 8DX

0151 726 8440 adele@solaarts.org

Mental Health and Wellbeing Support in North Liverpool



National Support - Anxiety and Depression Support

Calm

CALM's helpline and live chat are open from 5pm to midnight everyday. 365 days a year
0800 58 58 58

Samaritans

Contact us if you're having a difficult time or if you're worried about someone else.
jo@samaritans.org or call 116 123

Shout free 24-hour text help

Text SHOUT to 85258 Shout is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere.

It's a place to go if you're struggling to cope and you need immediate help.

Mental Health Matters - National Support

0191 516 3500 info@mhm.org.uk

Depression UK

<https://www.depressionuk.org/>

Hub of Hope

<https://hubofhope.co.uk/>

Addiction

Gambling Support

GamCare - 0808 8020 133

Alcoholic's Anonymous

National Helpline **0800 9177 650**
help@aamail.org

Liverpool Support Services

Liverpool and Sefton

Anyone aged 16 and over

For urgent mental health support, please call our **24/7 freephone helpline: 0800 145 6570**

Mind Clarity CIC

142 Claughton Rd, Birkenhead, CH41 6EY

07877253999 contact.mindclarity@gmail.com

Liverpool CAMHS (age 0 to 25)

FRESH Building, Alder Hey Children's Hospital, Liverpool, L12 2AP

0151 293 3662

camhs.referrals@alderhey.nhs.uk

Crown Hub

Crown hub is a day service offering support to adults experiencing mental health issues. This is a short term re enablement service offering support for up to 6 – 10 weeks.

Crown Hub, Crown Street, Liverpool, L7 3LZ

0151 233 3800

Crownhub@liverpool.gov.uk

Our House Walton

Counselling and mental health workshops

15 Heathcote Road, Walton, L4 6XB

0151 521 7722 info@ourhouse-walton.co.uk

iChoir

Community choir whose aim is to get together and sing for mental wellbeing.

St Bride's Church, Corner of Catharine Street & Huskisson Street, Liverpool, L8 7LT

ichoirliverpool2016@gmail.com

Mental Health and Wellbeing Support in North Liverpool



Talk Liverpool - North office

7 New Hall, Fazakerley, Liverpool, L10 1LD
0151 228 2300 (Mon to Fri 8am to 6pm)
talkliverpool@merseycare.nhs.uk

Liverpool Light

The Liverpool Light service is a preventative out-of-hours mental health crisis service, open from 6pm – 1am, 7 days a week and based in the city centre at 181-185 London Road
liverpool.light@creativesupport.org.uk

Compass Counselling Services:

Counselling programme
151 Dale Street, Liverpool, L2 2AH
0151 237 3993
enquiries@compass-counselling.org.uk

Norris Green Community Alliance: 'Mindful Communities'

Men's and women's support groups with regular meetings, services and activities to reduce isolation and improve mental health.
Parthenon House Falklands Approach Norris Green L11 5BR
0151 479 3800
norrisgreencommunity@btconnect.com

The Vibe Liverpool: 'We're Listening'

A 1-1 listening service and group sessions with a focus on bereavement support.
Vagabonds Tennis Club, 433 Queens Drive Liverpool, L13 0AG
thevibeliverpool@gmail.com

Liverpool Bereavement Service Service

1st Floor, Granite Buildings, 6 Stanley Street, Liverpool, L1 6AF
0151 236 3932 (9am to 5pm)
enquiries@liverpoolbereavement.co.uk

Kindred Minds: 'Kindred Minds Arts on Prescription'

Arts courses for people in need of mental health support, allowing them to meet new people and participate in a creative outlet
Addressing bereavement and loneliness
Lee Valley Millennium Centre, Childwall Valley Road, Liverpool, L25 2PR
enquiries@kindredmindsmerseyside.org

Priority Youth Project: 'Priority Youth Counselling Support Programme'

A 1-1 counselling service for children and young people aged 8-19 years.
Addressing mental health promotion in youth outside of educational setting
St Mary's Millennium Centre, Meadow Lane, West Derby, Liverpool, L12 5EA
07523 650 956 hello@priorityyouth.co.uk

The Comedy Trust: 'Laughter After Loss'

Workshops, drop-ins and discussion groups to for adults following a bereavement, supporting their journey through the power of laughter.
Royal Court Theatre, 1 Roe Street, L1 1HL
0151 702 5893 info@thecomedytrust.com

Vauxhall Community Law and Information Centre: 'Income, Benefits, Debt & Bereavement Advice Service'

Supporting and increasing the incomes of people living in poverty through free legal advice and representation, bereavement advice such as welfare benefits and housing and debt advice to those who have suffered a loss.
VNC Millennium Centre, Blenheim Street (Our entrance is on Silvester Street), Liverpool, L5 8UX
0151 360 7777
advice@vauxhalllawcentre.org.uk

National Domestic Abuse Services



If you are in immediate danger, call 999 and ask for the police.

If prompted, press 55 to Make Yourself Heard and this will transfer your call to the police. Pressing 55 only works on mobiles and does not allow police to track your location.

Call 999 from a landline

If the operator can only hear background noise and cannot decide whether an emergency service is needed, you will be connected to a police call handler. If you replace the handset, the landline may remain connected for 45 seconds in case you pick up again.

When 999 calls are made from landlines, information about your location should be automatically available to the call handlers to help provide a response.

If you are deaf or can't use a phone

You can register with the emergencySMS. Text REGISTER to 999. You will get a text which tells you what to do next. Do this when it is safe so you can text when you are in danger.

<https://www.emergencysms.net/>

Bright Sky app

Bright Sky is a mobile app and website for anyone experiencing domestic abuse, or who is worried about someone else.

The app can be downloaded for free from the app stores. **Only download the app if it is safe for you to do so and if you are sure that your phone isn't being monitored.**

Safe Spaces

Safe Spaces are available in Boots, Morrisons, Superdrug and Well pharmacies, TSB banks and independent pharmacies across the UK.

SignHealth

Support for Deaf and hard of hearing
020 39472601 or text 07970 350 366
da@signhealth.org.uk

ManKind Initiative helpline for male victims of domestic abuse - 01823 334244

Liverpool Support

Merseyside Domestic Violence Services (MDVS)

PO Box 200, Liverpool, L14 9WU
07802 722703 info@mdvs.org

Local Solutions - Independent Domestic Violence Advisory Service (IDVA)

0151 709 0990 info@localsolutions.org.uk

PSS: Domestic abuse support

0151 702 5500 ruby@pss.org.uk

Liverpool Domestic Abuse Service (LDAS)

07923 232327/0800 084 2744 / 0151 263 7474

The Crossing Point - Domestic Abuse Service

Free Confidential Domestic Abuse Service working with women, men, and young people.

07731 878076 info@thecrossingpoint.co.uk

YMCA Liverpool - Domestic Abuse Rapid Accommodation Project

YMCA Liverpool, Hope House, 15 Leeds Street, Liverpool, L3 6HU

0151 600 3530/0151 734 1074

4Wings - Support for women

Church House, 1 Hanover Street, Liverpool, L1 3DN
0151 558 1442 info@4wings.co.uk

Disability Support in North Liverpool



Citywide Support

The Brain Charity

Norton Street, Liverpool, L3 8LR
0151 298 2999

<https://www.thebraincharity.org.uk/>

Mencap

Mencap Cottage House 6-8 Mariners Road L23 6SX
<https://yournetwork.mencap.org.uk/group/512>
0151 707 8582

Strawberry Field

Beaconsfield Road ,Liverpool L25 6EJ
0151 252 6130

Community Integrated Care

Information@c-i-c.co.uk
Phone: 0800 2218 522

Activities and support

Daisy Inclusive UK

2 Barnes Street, Everton L6 5LB
0151 261 0309 info@daisyuk.com

Greenbank Sports Academy

Greenbank Lane, Liverpool L17 1AG England
0151 280 7757

DaDa - Disability and Deaf Arts

The Bluecoat, School Lane, Liverpool, L1 3BX
07436 536 200 0151 707 1733

The Lime Hub

The Lime, Upper Baker Street, Liverpool, L6 1NB
0151 233 5085 / 0151 263 8338

The New Derry Club P.A.C

The New Derry Social Club, Mere Lane, L5 0QW
0151 263 1758 pacdisco@hotmail.com

Bradbury Fields - Information and Support Services

Bradbury Centre, Youens Way, Liverpool, L14 2EP
0151 221 0888 info@bradburyfields.org.uk

Acorn Adventure Farm

Depot Road, Kirkby, Merseyside, L33 3AR
0151 548 2415 admin@acornfarm.co.uk

Physical and Sensory Impairment Partnership Board

The Old School House, St Johns Road, L36 0UX
07701 366227
Jen.Casey@healthwatchknowsley.co.uk

NSC CARE ACTIVITY HUB

The Care Activity Hub, Back Gilmooss Lane, Croxteth, Liverpool, L11 0BD
07540932743/01515466249
Info@thecareactivityhub.co.uk

L'Arche Liverpool

L'Arche Liverpool, The Ark Workshops, Lockerby Road, Liverpool, L7 0HG
0151 260 0422

RAWD

Unity Theatre, 1 Hope Place, Liverpool, L1 9BG
07588 754 325 outreach@rawdproject.co.uk

Migrant and Multi-Cultural Support in North Liverpool



Pal Multicultural Centre

68A Mulgrave St, Liverpool L8 2TF
0151 708 9669

The Kuumba Imani Mellinum Centre

4 Princes R, Liverpool, L8 1TH
0151 708 5278 0741 477 51 51
Info@Moulana.co.uk

Florrie

377 Mill St, Liverpool, L8 4RF
0151 728 2323 info@theflorrie.org

Liverpool Arabic Centre: 'Your Safe Space'

A culturally sensitive mental health support service, which combines Western and Arab/Muslim traditional therapies to provide support for people experiencing poor emotional and mental well-being due to financial hardship. Tiber enterprise facilities, Tiber street site, Lodge Lane, Liverpool, L8 0TP
0151 727 2855

Mary Seacole House

A mental health charity and resource service set up to offer support and advice in emotional and practical matters, primarily Black, Asian, Minority, Ethnic and Refugee communities. Mary Seacole House, 91 Upper Parliament Street, Liverpool, L8 7LB
info@maryseacolehouse.com

Everton in the Community: Welcome Through Football Refugee And Asylum Seeker Football Project

The People's Hub Cruyff Court, 46 Spellow Lane, Liverpool, L4 4DF
jonathan.garside@evertonfc.com

Merseyside Refugee Support Network (MRSN)

1st Floor, St Anne's Centre, 7 Overbury Street, Liverpool, L7 3HJ
0151 709 7557 info@mrsnliverpool.org.uk

Family Refugee Support Project (FRSP)

Provides practical help to refugees "moving-on" from the asylum system and support to onward social and economic integration into life in Liverpool and beyond. Toxteth Town Hall, 15 High Park Street, L8 8DX
0151 728 9340 info@frsp.org.uk

BME Youth

BME Youth is a national youth organisation of children and young people from Black, Asian and Minority Ethnic (BAME) communities in the UK.
https://www.bmeyouth.org.uk/about/

Muslim Women's Network UK

MWNUK is the only national Muslim women's organisation in Britain. They offer a helpline, counselling services, training and workshops.
https://www.mwnuk.co.uk/

Migrants Rights Network

The Migrants' Rights Network is a UK charity that stands in solidarity with all migrants in their fights for rights and justice.
https://migrantsrights.org.uk/

The Muslim Community Helpline

The Muslim Community Helpline is a confidential, non-judgemental listening and emotional support service.
0208 908 6715 / 0208 904 8193
ess4m@btinternet.com

Boloh Helpline

Offers advice, signposting, emotional support and free therapy to adult asylum seekers UK Wide.
To find out more contact 0800 151 2605

Migrant and Multi-Cultural Support in North Liverpool



Liverpool Muslim Society and Al Rahma Mosque

29-31 Hatherley St, Liverpool L8 2TJ
0151 709 2560
info@liverpoolmuslimsociety.org.uk

Christ Church Norris Green - Triple C

The Church of the Good Shepherd, Lower House Lane L11 2SF
07871 914364 0151 226 2992
info@triplecliverpool.org

Pagoda Chinese Community Centre

Pagoda Arts Henry Street, Liverpool, L1 5BU
Email: info@pagodaarts.org.uk
Tel: 07542339019

4Wings - Support for women

Church House, 1 Hanover Street, L1 3DN
0151 558 1442 info@4wings.co.uk

Amadudu Women's Refuge

0151 734 0083 info@amadudu.org

Muslim Community Helpline

0208 904 8193 or 0208 908 6715
ess4m@btinternet.com

Savera UK

151 Dale Street, Liverpool, L2 2AH
0800 107 0726 info@saverauk.co.uk

Liverpool Malayalee Association

07736 352874 limaliverpool@gmail.com

Kadampa Meditation Centre (KMC) Liverpool

0151 726 8900
info@meditationinliverpool.org.uk

Osun Arts Foundation: African arts and culture

Osun Foundation, The Old Saint Lawrence School Building, Westminster Road, Liverpool, L4 3TQ
0151 922 2911 sunartsfoundation@gmail.com

Liverpool Irish Centre - Sláinte Le Chéile Health Together

Liverpool Irish Centre, 6 Boundary Lane, Liverpool, L6 5JG
0151 263 1808 info@liverpoolirishcentre.org

Merseyside Jewish Community Care (MJCC) - Key services

Shifrin House, 433 Smithdown Road, Liverpool, L15 3JL
0151 733 2292 info@mjccshifrin.co.uk

Al-Ghazali Multicultural Centre

Al-Ghazali Multicultural Centre, 35 Earle Road, Liverpool, L7 6HD
0151 734 3843 info@alghazalicentre.co.uk

Liverpool Arabic Centre (LAC)

Tiber Enterprise Facilities, Tiber Street, Lodge Lane, Liverpool, L8 0TP
0151 727 2855
info@liverpoolarabiccentre.org.uk

Merseyside Polonia

Kirkdale Neighbourhood Community Centre 238a Stanley Road Liverpool L5 7QP
0151 237 2674 info@merseysidepolonia.com

Muslim Youth Helpline (MYH)

0808 808 2008 help@myh.org.uk

Mary Seacole House

91 Upper Parliament Street, Liverpool, L8 7LB
0151 707 0319 info@maryseacolehouse.com

Women's and Men's Groups in North Liverpool



Women's Groups

Women's Health Information and Support Centre (WHISC):

Our Listening Ear service is available for women, telephone 0151 707 1826 to make an appointment or drop in to WHISC Centre. Open Monday, Tuesday and Thursday 10 am to 4pm
Daily activities available

120 Bold Street, Liverpool, L1 4JA

0152 707 1826 women@whisc.org.uk

Granby Somali Women's Group: 'GSWG Befriend Me'

A social network where elderly Muslim and minority ethnic women will come together, exchange ideas, have interesting discussions and participate in a number of activities, which will alleviate their loneliness.

12 Beaconsfield Street, Liverpool, L8 2UU

contact@granbysomaliwomensgroup.org

The Women's Organisation: Enterprise Hub

54 St James Street, Liverpool, L1 0AB

0151 706 8113 enterprisehub@thewo.org.uk

National Association of Women's Clubs (NAWC) - Liverpool

01708 730805 nawc@btconnect.com

Paperwork Theatre - Women's Drama Group

Luna, Northern Lights, 5 Mann Street, L8 5AF

info@paperworktheatre.co.uk

Minerva Women's Group

Women's clubs across Liverpool offering activities, trips, and friendship in a friendly atmosphere.

St Marys Millennium Centre, Meadow Lane, L12 5EA

0151 228 1998

Men's Groups

JourneyMEN

Offer practical activities designed to tap that potential, address the causes of mental ill-health and aid recovery.

<http://journeymencic.com>

56 Chester Street, Birkenhead, CH41 5EA

0151 792 9159 enquiries@journeymencic.com

Peloton Liverpool Ltd: 'Joy Ride'

A cycling club to support men in recovery, whilst providing an opportunity to socialise, exercise and build skills. L13 9AF

danny@peloton.coop

Ellergreen Community Centre - JAM

'Just Average Men' Men's Group open to men of all ages delivering activities as a group.

Monday 10 am to 12 pm

Ellergreen Road, Liverpool, L11 2RY

0151 233 3337 ellergreen@altvalley.co.uk

Sean's Place

Mental Health Support for Men in Sefton and Liverpool

211 Linacre Lane, Bootle, Liverpool, L20 6AD

0151 922 5444

Reach Mens Centre

The Reach Mens Centre, 6-7 The Palatine, Strand Shopping Centre, Bootle, L20 4SN

07504565764 or **0151 245 6925**

Andys Man Club Liverpool

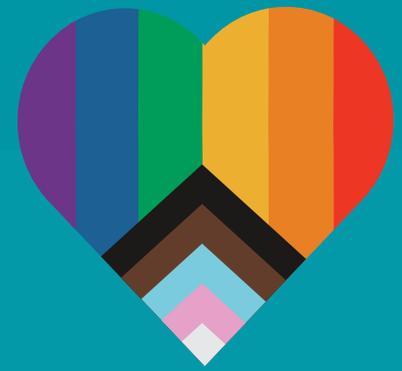
info@andysmanclub.co.uk

James' Place Liverpool

Offer free, life-saving treatment to suicidal men

0151 303 5757 liverpool@jamesplace.org.uk

LGBTQ+ Support in North Liverpool



LGBTQ+

Trans Support Service (TSS)

The Beat Hanover Street/David Lewis Street
Liverpool L1 4AF
0151 317 8581 Tss.merseyscare@nhs.net

Spirit Level Transgender Support Group

<https://spiritlevel.org.uk/>
spirit.level@yahoo.com

Sahir

Sahir House, 4th Floor, 151 Dale Street L2 2AH
0151 673 1972 info@sahir.uk.com

THE Action Youth (Trans Health Education) (YPAS)

36 Bolton Street, L3 5LX www.ypas.org.uk
0151 702 6087 gyro@ypas.org.uk

Citizens Advice Liverpool - LGBTQ+ Hate Crime Support Service

Practical & emotional support for people who have been affected by LGBTQ+ hate incidents, and their families, across Merseyside.

0151 522 1400 ext 5006
LGBTHateCrime@caliverpool.org.uk

Switchboard LGBTQ+ Helpline

0800 0119 100 hello@switchboard.lgbt

Merseyside non-scene LGBT Social Group

<https://www.meetup.com/MERSEYSIDE-LGBT-SOCIAL-GROUP/>
stev_arts@yahoo.co.uk

Merseyside LGBT Creative Writing Group and Book Groups (18+)

<https://www.meetup.com/LGBT-Creative-Writing-And-Book-Group-MeetUp-Merseyside/>

Galop

Supports all LGBT+ people who've experienced hate crime, domestic abuse or sexual violence.
0800 9995428 help@galop.org.uk

Sahir House - HIV Support, Information and Training Centre

Sahir House, 4th Floor, 151 Dale Street, L2 2AH
0151 673 1972 info@sahir.uk.com

LIV.FAST Network

Provides peer support and advice for those who identify somewhere within the FTM (Female-to-Male) spectrum.

The Beat, Hanover Street/David Lewis Street, Liverpool, L1 4AF
liverpool.ftm@gmail.com

National Resources

Stonewall <https://www.stonewall.org.uk/>

LGBT Foundation <https://lgbt.foundation/>
0345 3 30 30 30 helpline@lgbt.foundation

Mermaids <https://mermaidsuk.org.uk/>

Mind - Mindline Trans+ - helpline for LGBT / non-binary people - **0300 330 5468**

Mindout - Lesbian, Gay, Bisexual, Trans & Queer Mental Health Service Online Chat
01273 234839 info@mindout.org.uk

Families and Friends of Lesbians and Gays (FFLAG)

0300 688 0368 info@fflag.org.uk

Riverside

Additional Support



Sexual Violence Support

Rape and Sexual Abuse Centre (RASA)

RASA Merseyside provides support to anyone in Merseyside impacted by sexual violence.

0151 666 1392 helpline@rasamerseyside.org

Rape Crisis

A service for anyone aged 16+ in England and Wales who has been affected by rape, child sexual abuse, sexual assault, sexual harassment or any other form of sexual violence – at any point in their life.

0808 500 2222

SAFE Place Merseyside: Sexual Assault Referral Centre (SARC)

24 hour telephone support service

0151 295 3550

Silent Solution

Helps people who are unable to speak, but who genuinely need police assistance. After calling 999, dial 55 to be put through to your local police station. If you are not able to speak, listen carefully to the questions and instructions from the call handler so they can assess your call and arrange help if needed.

Rape and Sexual Abuse Support RASASC (Cheshire & Merseyside)

The Rape and Sexual Abuse Support Centre (Cheshire & Merseyside) is a registered charity that aims to provide crucial specialist support, independent advocacy, counselling, help and information, for those affected by rape, sexual assault and/or abuse – a free of charge service delivered in a safe and non-threatening environment.

PO Box 35, Warrington. WA1 1DW
01928 477980/0330 363 0063

Rape Crisis

If something sexual happened to you without your consent – or you're not sure – you can talk to a member of the team. No matter when it happened.

0808 500 2222 open 24 hours a day

<https://rapecrisis.org.uk/get-help/>

Galop

A UK LGBT+ anti-abuse charity, provides a dedicated sexual violence helpline for LGBT+ people who have experienced sexual assault, violence or abuse, however or whenever it happened.

Victims can contact the Helpline by phone 0800 999 5428 or via email help@galop.org.uk.

The 24/7 Rape and Sexual Abuse Support Line

24/7 offers Free, specialist and confidential support delivered by Rape Crisis England &

0808 500 2222

To chat online or find out more visit

<https://247sexualabusesupport.org.uk>

National Online Helpline for Male Survivors

Operated by Survivors UK. Supports men and boys (trans or cisgender) and non-binary people who have ever experienced unwanted sexual activity. Live chat, SMS and email support.

<https://www.survivorsuk.org/>

The Survivors Trust

The Survivors Trust provides confidential information, advice and support for women, men and young people, their parents/carers or partners via a helpline or email.

08088 010818

info@thesurvivorstrust.org

More information can be found at

www.thesurvivorstrust.org

For additional support services please download our National Support Directory

Riverside

Additional Support



Hate Crime

General victims of hate crime can call their Local Neighbourhood Police Team on telephone number **101** or Liverpool Direct on **0151 233 3001** to report

Stop Hate UK

Stop Hate UK is available 24 hours a day. The helpline is confidential and independent.

You can report a hate crime by:

0800 138 1625 Text: 07717 989 025

Text relay: 18001 0113 293 5100

Webchat at <https://www.stophateuk.org/talk-to-us>

Anthony Walker

Racial or religious hate crime - this support service is delivered by the Anthony Walker Foundation (AWF). AWF delivers specialist counselling and support for victims.

LCVS Building 3rd Floor, 151 Dale Street, L2 2AH

0151 237 3974

info@anthonywalkerfoundation.com

Daisy Inclusive UK

Disability hate crime - provided by charity Daisy Inclusive UK. Daisy UK have a dedicated hate crime officer who supports victims from the point of contact through to support and guidance through the judicial system, if required.

0151 261 0309

disabilityhatecrime@daisyuk.com

Citizens Advice Liverpool

LGBTQ+ hate crime - this support service is delivered by Citizens Advice Liverpool. They can help you to make a report to the police if you wish, understand your rights, liaise with organisations and help you to access specialist support services such as counselling.

0800 144 8848

Victim Support: (24/7 support)

Victim Support operates a 24/7 Supportline and live chat service, every day of the year, offering specialist emotional and practical support to anyone who has been a victim or a witness. You don't have to report a crime to get help from Victim Support.

0808 16 89 111

Live chat available by visiting

<https://www.victimsupport.org.uk/help-and-support/get-help/support-near-you/live-chat>

Hate Crime Campaign

The Hate Crime Campaign provides information and services to those who have been a victim of Hate Crime.

<https://hatecrime.campaign.gov.uk/>

Hate Crime Victim Support – Remedi UK

The Cheshire Hate Crime Victim Service are a support service for all victims and witnesses of hate crime and hate incidents. They can offer

- Confidential emotional and practical support
- Support at court
- Advocacy
- Access to a range of support agencies
- Support with your Victim Personal Statement

0800 640 6466 (Mon-Fri, 9am-5pm)

hatecrimevictimservice@remediuk.org

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